

THE YOUNG AT HEART MINISTRY

Our mission is to remind our older brothers and sisters in Christ that they are loved, respected, cared for, and not alone.

The Senior Care Program is designed to provide volunteer or respite services to those families going through hard times or difficult lifestyle changes.

The Young At Heart Activities provide times of fun and fellowship for those senior adults 60+.



Young
At Heart

HEARTPRINTS

*Whatever our hands touch—
We leave fingerprints!
On the wall, on furniture,
On doorknobs, dishes, books,
As we touch we leave our identity.*

*God, wherever I go today,
Help me to leave heartprints!
Heartprints of compassion,
Of understanding and love,
Heartprints of kindness
And genuine concern.*

*May my heart touch a lonely neighbor,
Or a runaway daughter,
Or an anxious mother,
Or, perhaps, a dear friend!*

*And if someone should say,
“I felt your touch,”
May that one sense your love
Touching through me.*

-Author Unknown



Quail Springs Church of Christ

*The Young At Heart
Ministry*

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The Young At Heart Ministry



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THE YOUNG AT HEART MINISTRY

The mission of this ministry is to remind our older brothers and sisters in Christ that they are loved, respected, cared for, and not alone.



"Therefore, as we have opportunity let us do good to all people, especially those who belong to the family of believers." Gal. 6:10

This will be accomplished through Young At Heart monthly organized fellowship activities and our Young At Heart Senior Care Program..

The success of our Senior Care program is dependant upon the work of volunteers.

Because of this, we are in search of individuals who are willing to provide assistance to members of our own congregation. We are in need of volunteers to help with yard work, light housekeeping, occasional meals, grocery shopping, transportation, companionship and conversation.

Young At Heart Activities

A new addition to this ministry is our times of fun and fellowship for those senior adults 60+. Each month, we enjoy a day trip somewhere in the OKC metro area! We usually try to fit in 2 very interesting points of interest and a great lunch! Come join us! We have lots of fun!

Young At Heart Senior Care

Quail Springs has a special ministry that is devoted to our seniors in an effort to "strengthen the feeble hands and steady the knees that give way." Isaiah 35:3

This ministry offers members of our congregation the opportunity to share their love, friendship and family with the Special Seniors in our own church family by volunteering.

The Senior Care Program is not intended to label anyone as old. This program was created to assist those of our congregation who are going through hard times or difficult changes in their lives. Some examples are: a sudden onset of health problems, living alone for the first time, your spouse died and you do not drive, those who do not feel like getting out much, those who depend on others, those who were once



This ministry is for you!

a very active part of our church family but could use some assistance at this time, those family members who on occasion need respite services.

The desire of The Young At Heart Senior Care Program is to:

***Better identify seniors or families in need of our assistance or guidance**

***Help those families who are in need of assistance, but do not feel they know who to turn to**

***Establish a core of volunteers in practice, before there is ever a crisis.**

***Provide each family in need with a volunteer (or volunteers, depending on each situation)**

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